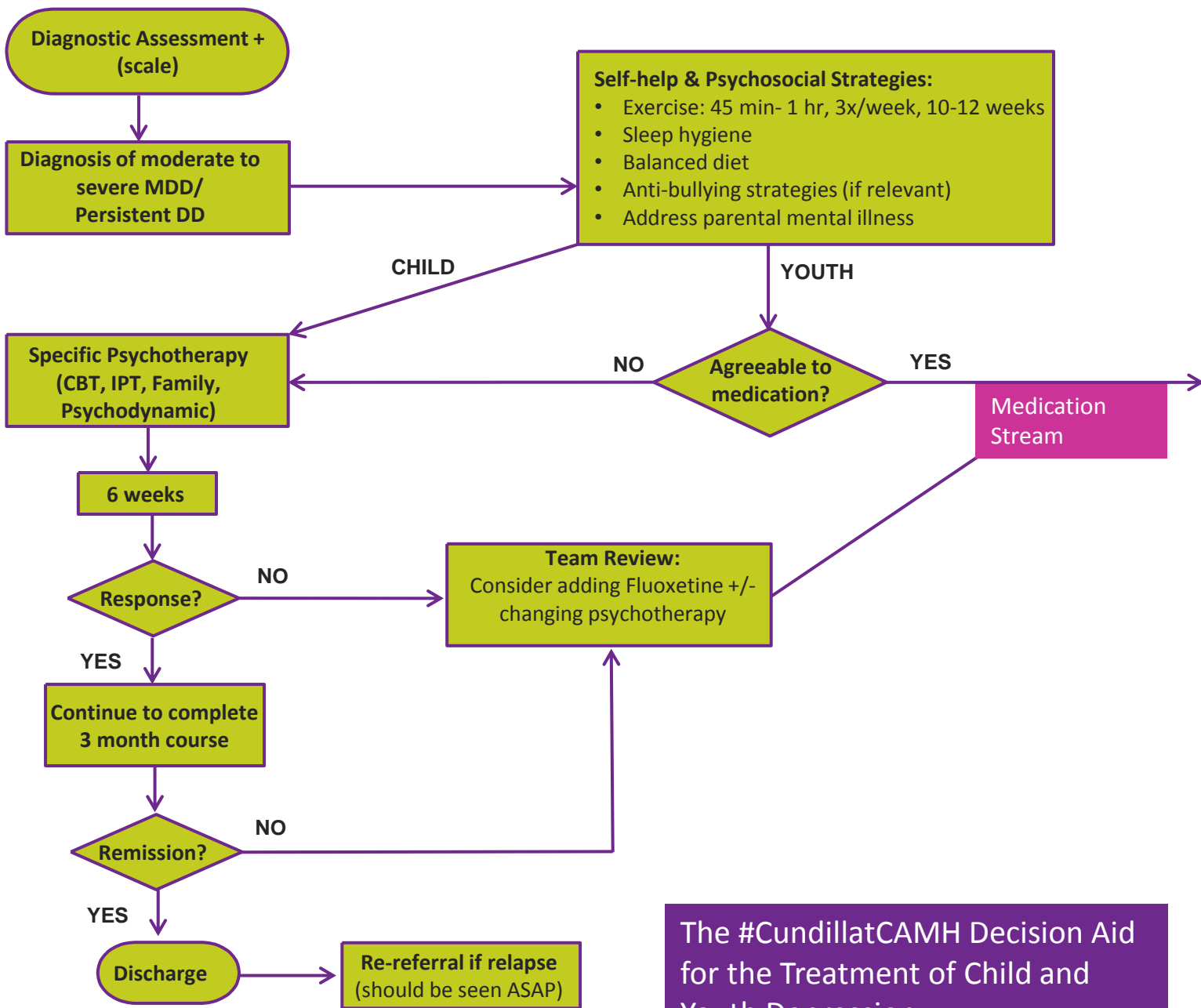


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Recognized scale should be chosen with clear cut-offs for "response" and "remission"

Child = 5-11 years
Youth = 12-18 years

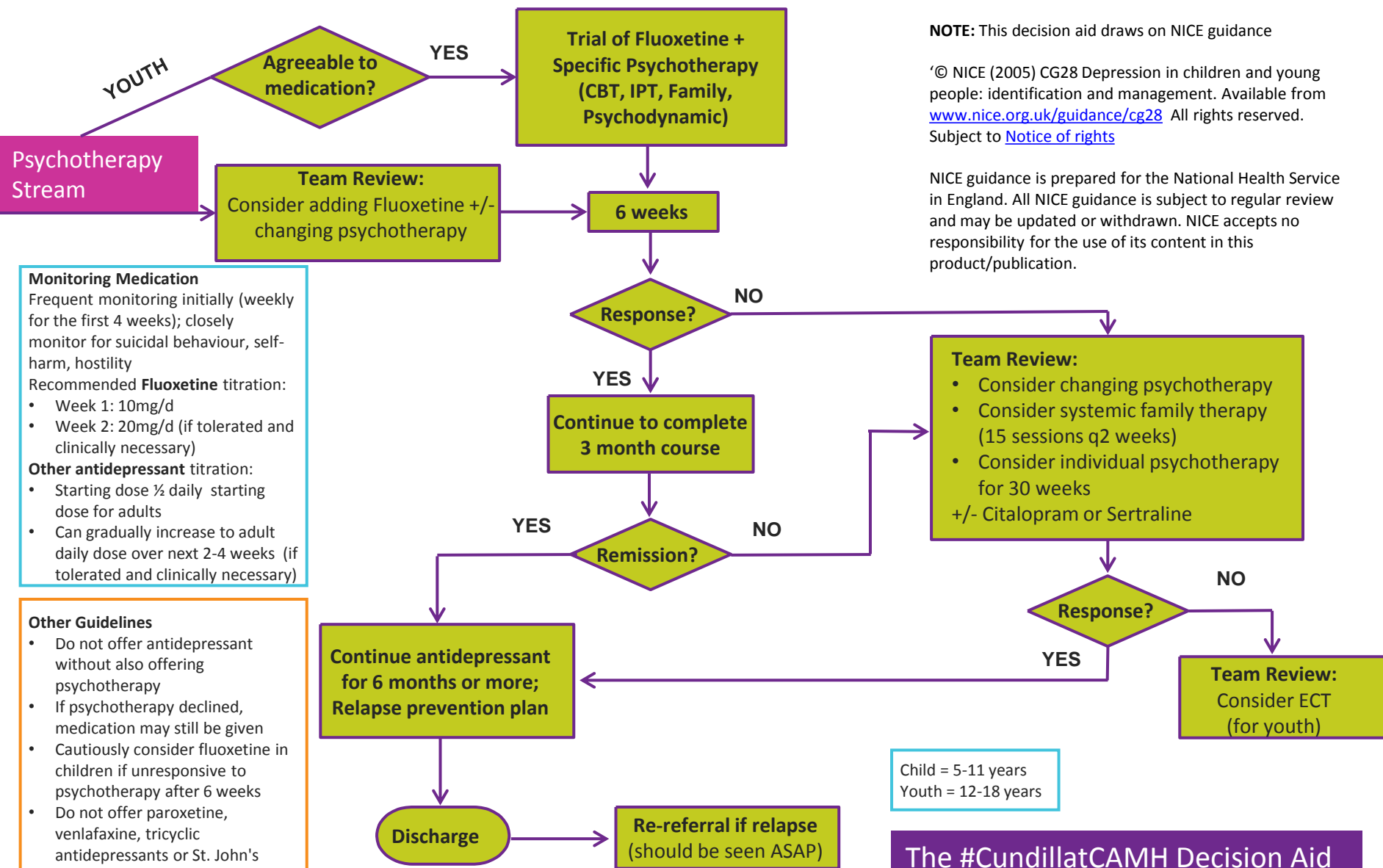
The #CundillatCAMH Decision Aid for the Treatment of Child and Youth Depression
Psychotherapy Stream

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Monitoring Medication
Frequent monitoring initially (weekly for the first 4 weeks); closely monitor for suicidal behaviour, self-harm, hostility
Recommended **Fluoxetine** titration:
• Week 1: 10mg/d
• Week 2: 20mg/d (if tolerated and clinically necessary)
Other antidepressant titration:
• Starting dose ½ daily starting dose for adults
• Can gradually increase to adult daily dose over next 2-4 weeks (if tolerated and clinically necessary)

Other Guidelines
• Do not offer antidepressant without also offering psychotherapy
• If psychotherapy declined, medication may still be given
• Cautiously consider fluoxetine in children if unresponsive to psychotherapy after 6 weeks
• Do not offer paroxetine, venlafaxine, tricyclic antidepressants or St. John's Wort
• Recognized scale should be chosen with clear cut-offs for "response" and "remission"

Child = 5-11 years
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Medication Stream

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