CHILD-ADULT RELATIONSHIP ENHANCEMENT TRAINING SUMMARY

TRAINING DESCRIPTION
Child-Adult Relationship Enhancement (CARE) is grounded in several evidence-based parenting programs, including Parent-Child Interactive Therapy, Parent Management Training – Oregon model and Incredible Years. CARE training provides helpers/workers with specific skills known to improve caregiver and child/youth interactions, which support positive relationships and effective management of behaviour. The skills and techniques are taught primarily through role-play and video observations of caregivers and children/youth interactions. After training, participants will be able to demonstrate and guide positive caregiver and child/youth interaction using CARE techniques.

WHO SHOULD PARTICIPATE
Helpers/workers who provide parenting or caregiver support

QUALITY OF EVIDENCE
The interventions from which CARE is derived and adapted are evidence-based parenting programs.

LEARNING OBJECTIVES
- Describe and demonstrate core Child-Adult Relationship Enhancement (CARE) skills
- Identify CARE techniques while observing caregiver and child/youth interactions
- Provide effective feedback utilizing CARE skills to support other caregivers in connecting and building relationships with children and youth

ACCREDITATION HOURS
10 hours, in-person (1.5 days)
Total: 10 credit hours