TRAUMA-INFORMED CARE: FRAMEWORK FOR PRACTICE WITH ABORIGINAL PEOPLES

TRAINING SUMMARY

TRAINING DESCRIPTION

Intergenerational trauma as well as direct, indirect and vicarious experiences of trauma have impacted the health and well-being of Aboriginal peoples. Understanding the complexity of how trauma affects emotional responses, triggers, perceptions and beliefs is foundational to a trauma-informed approach. A trauma-informed approach aims to create physical, mental, spiritual, and emotional safety in order to support healing and well-being. The purpose of this training is to provide all organizational staff, including facilities staff and board members, with the structural foundations for entrenching a trauma-informed approach in all aspects of care; from intake procedures, organizational policies to physical space.

WHO SHOULD PARTICIPATE

Mental Health and Addictions helpers/workers, counsellors, and direct service providers who work in residential treatment facilities or day programs

FRAMEWORK FOR PRACTICE

This framework for practice is guided by the stories, experiences and cultural understandings of Aboriginal peoples.

LEARNING OBJECTIVES

Examine the historical and current challenges and strengths affecting Aboriginal peoples

Identify and apply a trauma-informed approach

Connect the physiological, intellectual, emotional, and spiritual impacts of trauma on individuals to the work of creating safe space

Relate cultural and clinical ways of knowing to professional practice

Examine assessment tools for recognizing trauma within individuals and across organizations

ACCREDITATION HOURS

14 hours, in-person (2 days)

Total: 14 credit hours

Accredited by the Indigenous Certification Board of Canada