


About Me: Patient Communication Tool

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About Me: My Health Information

My Information:

My name: _____

My birthday: Month _____ Day _____ Year _____

My address: _____

My phone number: _____

Other Information:

I receive ODS: yes ___ no ___ For Staff: If yes, list of medications available in Drug Profile Viewer

I live (choose one): in my own house/apt ___ with family ___ group home ___

Who to call for help:

Name: _____

Phone number: _____

Relationship to me: _____

My family doctor:

Name: _____

Phone number: _____

For Staff: *medication and allergy information on back page

Other Information About Me

Things that I liked to do to feel good:

Information about my medications:

Allergies:

What I am allergic to:

What happens to me:

Patients/Caregivers: If you would like to provide feedback on how you used this tool, please contact the DD CARES team at: ddcares@camh.ca

How can you help me today?

My biggest fear about seeing Doctors and Nurses is:

If I'm in pain, I show it by:

If I get upset, I show it by:

The best way to help me if I get upset is to:

If you have to do a medical procedure (e.g., needle, x-ray), these things might help:

Things that you can do to help me communicate:

Mark an 'X' next to the things that help.

Speak Slowly: Repeat things: Let my caregiver explain:

Use Pictures: Write it down: Use simple language:



Things I like:



Things I don't like:

I have a crisis plan: yes ___ no ___

A crisis plan may include de-escalation techniques and interventions. Ask caregivers for this information

Why am I here today?

Mark an 'X' next to your reason(s):

I feel sick:

Something is wrong, but I don't know what:

I am sad about something:

I am very angry:

I am in pain:

I'm nervous about being here:

Please fill out:

What happened?

When did this start?

Where does it hurt, or not feel well?

For Staff

Commonly missed diagnoses in DD:

- Dental pain
- Constipation
- GERD
- Polypharmacy & side effects
- Sensory issues
- Ear infection

Common Social Stressors:

- Change in routine
- Change in worker
- Change in roommate
- Change in living situation
- Past trauma or abuse

Remember ABC!

All Behaviour is Communication

What is the behaviour trying to tell you?

What do you think will help you feel better?