


Getting More Money

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Getting extra money

Learn about how you can get more money.



ODSP Ontario Disability Support Program

This is money from the government for people with disabilities. A doctor will need to complete papers that explain to the government that you have a disability and that you need some help.

To get your ODSP forms, you have to go an ODSP office. If you call 2-1-1, they can help you find the closest ODSP office. Then, bring the forms to your doctor.

Everyone on ODSP can have:	Extra forms can help some people pay for other things, like:
<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Medications. <input checked="" type="checkbox"/> Eye exam every 2 years. <input checked="" type="checkbox"/> Eyeglasses every 3 years. <input checked="" type="checkbox"/> Dentist care. 	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Traveling to healthcare appointments. <input checked="" type="checkbox"/> Healthy food (a "Special Diet"). <input checked="" type="checkbox"/> Helping to buy wheelchairs, walkers. <input checked="" type="checkbox"/> Medical supplies, like diabetes needles or bandages.
<input checked="" type="checkbox"/> Use the drug and dental card you get each month.	<input checked="" type="checkbox"/> You will need extra forms for this!

If you decide you would like to start working, contact your ODSP worker. They can help you!

with the DSO #2. Do your Taxes

Each year we have to find out if we owe the government any money—or if they owe us money. This is called **doing your taxes**. Many times, the government will give you money back! This is called a **tax return**.

Find someone who can help you do your taxes. *It is good to do your taxes!*



Disability Tax Credit

You can apply for this when you do your taxes. This form ("T2201") may help you get more money back from the government in your taxes. There are 2 parts: one that you fill out (Part A) and one that your doctor fills out (Part B). Bring the form to your doctor's office. **1-800-959-2221**


RDSP Registered Disability Savings Plan

If you are approved for the Disability Tax Credit, you—or your family or friends—can put money into a special savings account called "an RDSP". The government will also put money into this account for you too. This is a good way to save money for when you are older. To start an RDSP, you need to go to your bank. www.rdsp.com

Henson Trust

is another way that family can save money for you. It is best they speak to a bank about this!

You have to be registered with the DSO. www.respiteservices.com (416) 322-6317



Do you want to go to school?

- Do you still need to finish high school? You can!
- Did you finish high school, and are thinking of college or university?

If you need money to help pay for school, there are lots of programs in the:

Transition Resource Guide
<http://www.transitionresourceguide.ca/resource/financial-information>

Do you want to work?

- Are you thinking about working?
- Would you like a job, but not sure where to start?

There are lots of programs that support people to find jobs. **Community Living** is a good place to start. 416-968-0650

Do you want to play sports or exercise?

City of Toronto "Welcome Policy"
This can give you a discount for recreation (swimming, dance classes, sports, skating, going to the gym, etc.). You must live in Toronto. (416) 338-2000

Physiotherapy

If you have an OHIP card, and you are on ODSP, you can get free physiotherapy. Ask your doctor about "publicly funded physiotherapy clinics" in your area.

Do you need equipment?

Assistive Devices Program

The government will pay most of the costs and you will have to pay a bit. There will be forms which your health care provider will fill out. If you have ODSP, they may be able to pay your part for you. 1-800-268-6021

Some other ways to pay for equipment are:

- Easter Seals** 1-866-630-3336
- March of Dimes** 1-866-765-7237

Would you like help managing your money?
Budgeting money can be hard sometimes. It's okay to ask for help!

Community Living (416) 968-0650 Woodgreen (416) 645-6000

You can also talk to your doctor or healthcare provider!

Teenagers zone

High Charity

of (905) 852-1799 x32 <http://www.jenash.org/>

's Charity

1-877-525-4762 [specialties.com/files/pccc.pdf](http://www.specialties.com/files/pccc.pdf)

for Children with Severe Disabilities) needs, your parents might be able to ch month. (416) 325-0500

miles

ay for <http://www.health.gov.on.ca/en/public/programs/dental/> if you do money to 1-866-532-3161

Children in Need of Treatment

Might be able to pay <http://www.mhp.gov.on.ca/en/healthy-communities/dental/CINOT-DentistFeeSchedule-April2009.pdf>

Special Services at Home


If you still live with your parents, this government program can help pay for support workers and programs. Your parents and your doctor will need to complete a form. (416) 325-0500

Easter Seals

This can help pay for the cost of equipment—like wheelchairs and braces—and many other things! 1-866-630-3336

Registering with the DSO

Call the DSO when you are 16. This will help you get on the list for services and money that is important once you turn 18. The DSO can also help you plan for what you would like to do after high school. www.dsonario.ca 1-855-372-3858



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When printing, item needs to be printed double sided with "flip on short edge" to maintain booklet style.