

FOBT Testing

F-O-B-T!

An "FOBT" is a test that checks my poop, to make sure that the inside of my belly – **my colon**, or **bowel** – is healthy. I will be given a "FOBT kit" then I will take this kit home, and will use it to collect samples of my poop.



I will probably need to collect 3 different poop samples. Then, the samples will be sent to a laboratory and checked to see if they are healthy.

Doing the FOBT might be a little hard, and a little messy. Some people need help to do their FOBT kit. A person that I can ask for help is:

_____.

Once I am all done my FOBT, I should give myself a reward for doing a job well done! The reward I am going to have is:

_____.



"Doing an FOBT kit is a very good idea!"

Would I like to learn more about FOBT?



Do I want to watch a video?

<http://ow.ly/ZtlrU>



Do I want to read a booklet and look at pictures?

This is from England, so some of the information is different for us in Canada.