

# RAFFT

## Brief description

The **RAFFT** is very similar to the CRAFFT (described earlier). The five items cover alcohol as well as other drugs. It does not, however, seem to have been the subject of as much research as the CRAFFT.

## Appropriate target populations

Adolescents between 13 and 18 years old. The only validation study was conducted in a health care delivery setting where prevalence of substance use disorder and other psychiatric issues is high.

## Administration options

### Formats available

- self-administered (paper-and-pencil)
- self-administered (computer)
- clinician-administered

Items are typically given verbally but would be amenable to paper and pencil or computerized format.

### Languages available

- English
- French
- Other

## Accessibility and cost

- no charge for use
- use requires permission of test developer
- use requires special training and/or professional or academic credentials
- fee for use

## Where to access

The RAFFT is reprinted here:

**R.** Do you drink/drug to **R**elax, feel better about yourself, or fit in?

**A.** Do you ever drink/drug while you are by yourself, **A**lone?

**F.** Do any of your closest **F**riends drink/drug?

**F.** Does a close **F**amily member have a problem with drink/drugs?

**T.** Have you ever gotten into **T**rouble from drinking/drugging?

For more information, see:

Riggs, S.R. & Alario, A. (1989). Adolescent substance use instructor's guide. In C. Dube, M. Goldstein, D. Lewis, E. Myers & W. Zwick (Eds.), *Project ADEPT Curriculum for Primary Care Physician Training*. (pp. 1-57). Providence, RI: Brown University.

## Summary of test development data

### Quality of reporting

High, based on STARD rating (see Appendix, p.76).

### Summary of validity and reliability data

Moderate, based largely on the limited number of validation studies and lack of reliability assessment.