

# Youth Outcome Questionnaire (Y-OQ-12)

## Brief description

This 12-item scale is derived from the longer, well-established **Youth Outcome Questionnaire - 2.01**. It is a general measure of psychological distress and is intended to be used in the first stage of a two-stage screening process. People who score positive on the Y-OQ-12 are given the full Y-OQ-2.01 instrument. A score in the clinical range on the second stage instrument is then used as a marker for continuous outcome tracking.

## Appropriate target populations

Children aged 4 to 17.

## Administration options

Parent answers the questionnaire based on his or her observations of the child.

- self-administered (paper-and-pencil)
- self-administered (computer)
- clinician-administered

## Time required

Approximately 10 minutes.

## Languages available

- English
- French
- Other (Spanish, Swedish, Dutch)

## Accessibility and cost

- no charge for use
- use requires permission of test developer
- use requires special training and/or professional or academic credentials
- fee for use (Contact [Tameisha@OQMeasures.com](mailto:Tameisha@OQMeasures.com) for a quote.)

**Where to access**

[www.oqmeasures.com](http://www.oqmeasures.com) or contact [Tameisha@OQMeasures.com](mailto:Tameisha@OQMeasures.com).

**Summary of test development data**

**Quality of reporting**

High, based on STARD rating (see Appendix, p. 76).

**Summary of validity and reliability data**

Moderate, largely because there is only one well-designed validation study.