

Youth Self-Report (YSR)

Brief description

The **Youth Self-Report (YSR)** is one of a family of screening tools for behavioural and emotional problems in children and adolescents that comprise the Achenbach System of Empirically Based Assessments (ASEBA). The YSR is completed by the child or adolescent himself or herself, the Child Behavior Checklist (CBCL) is completed by parents and the Teacher's Report Form (TRF) by teachers. The 2001 revision yielded the YSR in its current form of 112 problem items in a six-month time period. The YSR is recommended for use only with children 11 years and older. The YSR, like the CBCL and the TRF, yields scores on eight empirically derived syndrome scales:

- anxious/depressed
- withdrawn/depressed
- somatic complaints
- social problems
- thought problems
- attention problems
- rule-breaking behaviour
- aggressive behaviour.

These group into two higher order factors: internalizing and externalizing.

The 2001 revision also added six DSM-oriented scales consistent with DSM diagnostic categories:

- affective problems,
- anxiety problems,
- somatic problems,
- ADHD,
- oppositional defiant problems
- conduct problems.

The YSR and the CBCL are also scored on (optional) competence scales for activities, social relations, school and total competence.

The YSR consists of 112 questions, scored on a three-point Likert scale (0=absent, 1= occurs sometimes, 2=occurs often).

Appropriate target populations

Adolescents 11 to 18 years of age.

Administration options

Paper-and-pencil and computer administration versions are available.

Formats available

self-administered (paper-and-pencil)

self-administered (computer)

clinician-administered

Time required

Approximately 10 minutes.

Languages available

English

French

Other (See website for details.)

Accessibility and cost

no charge for use

use requires permission of test developer

use requires special training and/or professional or academic credentials

fee for use (Contact ASEBA for pricing; currently \$295 for single user license.)

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Where to access

www.aseba.org

Summary of test development data

Quality of reporting

High, based on STARD rating (see Appendix, p. 76).

Summary of validity and reliability

High, based largely on the variety and strength of the reliability and validity data across so many languages and cultural contexts.