

MMT: the facts

(MMT=Methadone Maintenance Treatment)

MMT **reduces** health issues

for individuals

- Increases access to health care
- Reduces risk of death from overdose
- Better pregnancy & birth outcomes

for community

- Decreased public health risks
- Reduces spread of infectious disease

MMT **promotes** healthier community

for individuals

- Spend less time looking for and using narcotics daily
- Can improve family relations

for community

- Reduced justice system costs
- Improved economic productivity

MMT **improves** social functioning

for individuals

- Can stabilize mood & functional state
- Increases likelihood of employment
- Can improve quality of life

for community

- Lower unemployment rates
- Improved family functioning

For Sean, age 29, a need for opioids was costing him \$300 a day...

“That’s when I phoned a methadone clinic. Within a week, I was able to quit.”

The bottom line: A **safer & healthier** community

MMT is a comprehensive treatment program that involves the long-term prescribing of methadone as an alternative to the opioid on which the client was dependent. Central to MMT is the provision of counselling, case management, and other medical and psychosocial services.