

**Resources Shared by Presenters and Participants During Today's Webinar  
hosted by the CAMH Health Promotion Resource Centre**

**Best Practice Guidelines for Mental Health Promotion Programs:  
Children and Youth**

**Tuesday October 7, 10 – 11:30 AM**

**CAMH Health Promotion Resource Centre: You can download the Best Practice Guidelines for Mental Health Promotion Programs: Children and Youth**

<https://www.porticonetwork.ca/documents/81358/128451/Best+Practice+Guidelines+for+Mental+Health+Promotion+Programs+-+Children+and+Youth/b5edba6a-4a11-4197-8668-42d89908b606>

**World Health Organization (2004) – Report on Promoting Mental Health**

[http://www.who.int/mental\\_health/evidence/en/promoting\\_mhh.pdf](http://www.who.int/mental_health/evidence/en/promoting_mhh.pdf)

**Corey LM Keyes (2005) – Mental Illness and/or Mental Health? Investigating Axioms of the Complete State Model of Health**

<http://www.midus.wisc.edu/findings/pdfs/191.pdf>

**Keleher & Armstrong for VicHealth – Evidence-based Mental Health Promotion Resource**

[http://www.vichealth.vic.gov.au/~media/ProgramsandProjects/Publications/Attachments/HS591\\_evidence\\_based\\_info\\_2B.ashx](http://www.vichealth.vic.gov.au/~media/ProgramsandProjects/Publications/Attachments/HS591_evidence_based_info_2B.ashx)

**CAMH Health Promotion Resource Centre's What is Mental Health Postcard**

[https://www.porticonetwork.ca/documents/81358/128451/Mental\\_Health\\_Postcard.pdf/a2c28ab2-a22d-4060-b8ed-38942385e5cd](https://www.porticonetwork.ca/documents/81358/128451/Mental_Health_Postcard.pdf/a2c28ab2-a22d-4060-b8ed-38942385e5cd)

**Information on Investing in Families**

<https://www1.toronto.ca/wps/portal/contentonly?vgnextoid=eea9707b1a280410VgnVCM10000071d60f89RCRD>

**Best Practice Guidelines for Mental Health Promotion Programs (Older adults 55+ and Refugees)**

<https://www.porticonetwork.ca/web/camh-hprc/resources/mental-health-promotion-best-practice-guidelines>

**Supporting our Youth**

<http://www.soytoronto.org/>

**Force For Good (Video on Youth Engagement)**

<http://www.excellenceforchildandyouth.ca/resource-hub/videos>

**Region of Waterloo Public Health's Shifting Gears (report that integrates mental health, physical activity and health eating)**

[http://chd.region.waterloo.on.ca/en/researchResourcesPublications/resources/ShiftingGears\\_Report.pdf](http://chd.region.waterloo.on.ca/en/researchResourcesPublications/resources/ShiftingGears_Report.pdf)

**Public Health Ontario-supported Locally Drive Collaborative Project exploring mental health promotion for children and youth**

[http://www.publichealthontario.ca/en/eRepository/Cycle\\_3\\_Mental\\_Health\\_Summary\\_2014.pdf](http://www.publichealthontario.ca/en/eRepository/Cycle_3_Mental_Health_Summary_2014.pdf)

**CAMH Health Promotion Resource Centre, Provincial System Support Program and Ontario Neurotrauma Foundation Implementation Science Webinar Series for public health and health promotion audiences (links to webinar recordings)**

<http://eenet.ca/products-tools/highlights-of-the-3-part-implementation-science-webinar-series/>