

Local Health Integration Network (LHIN) 11: Champlain

833 grades 9-12 students in this area participated in CAMH's 2013 Ontario Student Drug Use & Health Survey (OSDUHS). Highlights from the *Mental Health and Well-Being* report include:

Differences compared to Ontario's estimate:

Mental health & well-being indicators	Provincial Estimate for Grades 9-12 (6,159 students)	LHIN 11 Estimate
Reported the medical use of PRESCRIBED Attention-deficit/hyperactivity disorder (ADHD) drug in the past year	3%	5%
Are worried about being HARMED OR THREATENED at school.	15%	9%

Similarities to Ontario's estimate:



1 in 4 did **NOT** know who to talk to about a mental health problem.



1 in 7 rated their **MENTAL HEALTH** as **FAIR/POOR**.



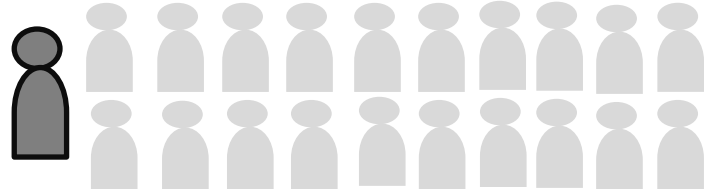
1 in 4 experienced **PSYCHOLOGICAL DISTRESS** in the past month.



1 in 7 seriously **CONTEMPLATED SUICIDE** in the past year.



1 in 4 visited a **MENTAL HEALTH CARE PROFESSIONAL** at least once in the past year.



1 in 21 reported having 3 or 4 **COEXISTING PROBLEMS**.*

** Coexisting problems include: psychological distress, antisocial behaviour, hazardous/harmful drinking, or a drug use problem.

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