

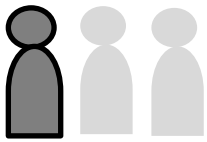
# Local Health Integration Network (LHIN) 1 & 2: Erie St. Clair & South West\*

239 grades 9-12 students in this area participated in CAMH's 2013 Ontario Student Drug Use & Health Survey (OSDUHS). Highlights from the *Mental Health and Well-Being* report include:

## Differences compared to Ontario's estimate:

Mental health & well-being indicators	Provincial Estimate for Grades 9-12 (6,159 students)		LHIN 1 & 2 Estimate
Reported a <b>SUICIDE ATTEMPT</b> in the past year	4%	<	7%
Reported a <b>VIDEO GAME</b> playing problem	10%	>	5%
Been a victim of <b>CYBERBULLYING</b>	18%	<	25%

## Similarities to Ontario's estimate:



1 in 3 did **NOT** know who to talk to about a mental health problem.



1 in 6 rated their **MENTAL HEALTH** as **FAIR/POOR**.



1 in 4 experienced **PSYCHOLOGICAL DISTRESS** in the past month.



1 in 6 seriously **CONTEMPLATED SUICIDE** in the past year.



1 in 5 visited a **MENTAL HEALTH CARE PROFESSIONAL** at least once in the past year.

\*Due to small sample sizes the Erie St. Clair and South West LHINs were combined.

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