

# Local Health Integration Network (LHIN) 6: Mississauga Halton

781 grades 9-12 students in this area participated in CAMH's 2013 Ontario Student Drug Use & Health Survey (OSDUHS). Highlights from the *Mental Health and Well-Being* report include:

## Differences compared to Ontario's estimate:

Mental health & well-being indicators	Provincial Estimate for Grades 9-12 (6,159 students)		LHIN 6 Estimate
Visited a <b>MENTAL HEALTH CARE PROFESSIONAL</b> at least once in the past year	21%	>	14%
Reported a <b>SUICIDE ATTEMPT</b> in the past year	4%	>	1%
Reported having a <b>VIDEO GAME</b> playing problem	10%	<	15%
Reported having 3 or 4 <b>COEXISTING PROBLEMS.*</b>	7%	>	3%
Been a victim of <b>BULLYING</b> at school	22%	>	17%

## Similarities to Ontario's estimate:



1 in 4 did **NOT** know who to talk to about a mental health problem.



1 in 7 rated their **MENTAL HEALTH** as **FAIR/POOR**.



1 in 4 experienced **PSYCHOLOGICAL DISTRESS** in the past month.



1 in 9 seriously **CONTEMPLATED SUICIDE** in the past year.

\*\* Coexisting problems include: psychological distress, antisocial behaviour, hazardous/harmful drinking, or a drug use problem.

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