

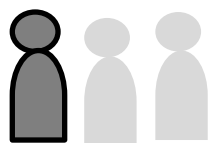
# Local Health Integration Network (LHIN) 10: South East

247 grades 9-12 students in this area participated in CAMH's 2013 Ontario Student Drug Use & Health Survey (OSDUHS). Highlights from the *Mental Health and Well-Being* report include:

## Differences compared to Ontario's estimate:

Mental health & well-being indicators	Provincial Estimate for Grades 9-12 (6,159 students)		LHIN 10 Estimate
Rated their <b>MENTAL HEALTH</b> as <b>FAIR/POOR</b>	17%	<	23%
Been a victim of <b>BULLYING</b> at school	22%	<	35%

## Similarities to Ontario's estimate:



1 in 3 did **NOT** know who to talk to about a mental health problem.



1 in 3 experienced **PSYCHOLOGICAL DISTRESS** in the past month.



1 in 6 visited a **MENTAL HEALTH CARE PROFESSIONAL** at least once in the past year.



1 in 5 seriously **CONTEMPLATED SUICIDE** in the past year.

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