

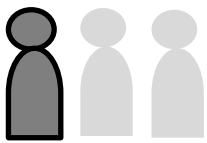
Local Health Integration Network (LHIN) 7 & 8: Toronto Central & Central*

1,305 grades 9-12 students in this area participated in CAMH's 2013 Ontario Student Drug Use & Health Survey (OSDUHS). Highlights from the *Mental Health and Well-Being* report include:

Differences compared to Ontario's estimate:

Mental health & well-being indicators	Provincial Estimate for Grades 9-12 (6,159 students)		LHIN 7 & 8 Estimate
Reported the medical use of PRESCRIBED TRANQUILLIZER in the past year	3%	>	2%
Reported a VIDEO GAME playing problem	10%	<	15%
Been a victim of BULLYING at school	22%	>	19%

Similarities to Ontario's estimate:



1 in 3 did **NOT** know who to talk to about a mental health problem.



1 in 5 rated their **MENTAL HEALTH** as **FAIR/POOR**.



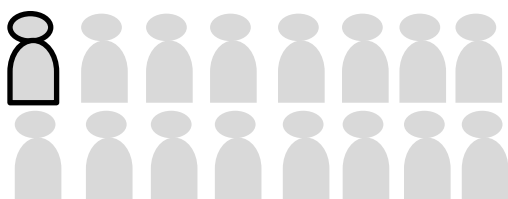
1 in 3 experienced **PSYCHOLOGICAL DISTRESS** in the past month.



1 in 6 seriously **CONTEMPLATED SUICIDE** in the past year.



1 in 4 visited a **MENTAL HEALTH CARE PROFESSIONAL** at least once in the past year.



1 in 16 reported having 3 or 4 **COEXISTING PROBLEMS.****

*Due to small sample sizes the Toronto Central and Central LHINs were combined.

** Coexisting problems include: psychological distress, antisocial behaviour, hazardous/harmful drinking, or a drug use problem.

For more information visit: www.eenet.ca